

The Uma

CUISINE FROM BALI THE ISLAND OF GODS

> Om Swastiastu May all be well

Selamat datang & welcome to The Uma, a restaurant conceptualised and dedicated to the people and culture of Bali, a place that exhales love, peace and harmony.

Uma means paddy field in Balinese language. It is the tranquility of the "uma" which inspires the concept of this restaurant.

May you enjoy our creation of tasty and authenthic Balinese cuisine in a relaxing ambience true to Balinese lifestyle.

Om Shanti Shanti Shanti Om Peace Peace Peace



Images shown are for illustrative purposes only. Actual products may vary.



KERUPUK EMPING	8
Bitternut Cracker 炸豆饼	
Indonesian specialty nut crackers from whole melinjo nuts.	
KENTANG GORENG BALI	10
Spiced Potato Fries 巴厘薯条	
Balinese inspired potato fries infused with herbs and a touch of chili.	
TEMPE GORENG	14
Fried Tempe 甜酱天贝	
Fried fermented soybean cake and roasted peanuts in spicy Indonesian	
sweet soy sauce.	
SATE BE SIAP	16
Chicken Satay 鸡肉沙爹	
Grilled marinated chicken meat skewers served with Indonesian version	
of peanut satay sauce. (6 sticks)	
SATE LILIT BE PASIH	18
Minced Fish Satay 鱼肉沙爹	
Minced spanish mackerel fish meat with fresh Balinese herbs, grated	
coconut and kaffir lime leave. (6 sticks)	
SATE CELENG	18
Pork Satay 巴厘猪肉沙爹	
Grilled pork belly skewers marinated with tamarind and Balinese spice,	
sweetened with coconut palm sugar. (6 sticks)	
URUTAN	18
Pork Sausage 巴厘猪肉香肠	
Homemade Balinese fried sausage of marinated pork meat stuffed in	
fresh intestine. A true Balinese flavour.	





🖒 KERUPUK EMPING



TEMPE GORENG



🖒 MINCED FISH SATAY



BALINESE PORK SATAY



CHICKEN SATAY



BALINESE PORK SAUSAGE





19

RM

Balinese Gado Gado 花生酱沙拉 Blanched long bean, spinach, beansprout, morning glory, hard boild egg and pressed rice served with peanut dressing and topped with kerupuk emping.



SOP CALON CELENG

Pork Ball Soup 自制猪肉丸汤 Homemade pork balls with a touch of chilli in clear soup. 2 person servings

4 person servings 18

SOP TUNA

13
18

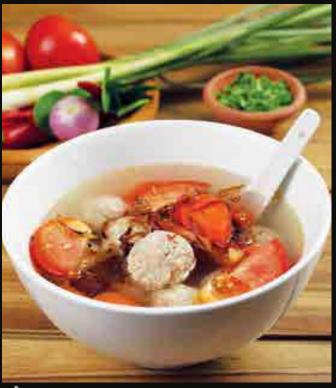


RM

13



PURA ULUN DANU BRATAN



PORK BALL SOUP



🖞 BALINESE GADO GADO



SPICY TUNA SOUP



main dishes

LGA MEPANGGANG Grilled Pork Ribs 香烤猪排骨

KAMBING MEKUAH Balinese Lamb Curry 巴厘咖喱羊肉

BE SIAP MEPANGGANG Balinese Grilled Chicken 巴厘烤鸡 choice of rice (4 servings)

NASI PUTIH White Rice 白饭 NASI SAUR Black-Eyed-Pea Rice 眉豆饭 NASI KUNING Yellow Rice 黄饭



Δ ΡΑΚΕΤ Β

main dishes

BEBEK MEGORENG Crispy Fried Duck 巴厘炸鸭

BE CELENG BASE KALAS Balinese Pork Curry 巴厘咖喱猪肉

PESAN BE PASIH Baked Seabass 巴厘参峇烤鲈鱼

choice of rice (4 servings)

NASI PUTIH White Rice 白饭 NASI SAUR Black-Eyed-Pea Rice 眉豆饭 NASI KUNING Yellow Rice 黄饭

RM 145

PAKET C

main dishes

BABLKECAP MANLS ork in Sweet Sauce 印尼甜酱焖猪肉

PESAN BE TUNA Grilled Tuna 巴厘蕉叶烤金枪鱼

BE SIAP MEGORENG Fried Chicken 巴厘炸鸡

choice of rice (4 servings)

NASI PUTIH White Rice 白饭 NASI SAUR Black-Eyed-Pea Rice 眉豆饭 NASI KUNING Yellow Rice 黄饭

RM 145

了Rekomendasi Recommended 推荐

PAKET D

main dishes

BEBEK BETUTU Balinese Steamed Duck 巴厘蒸鸭

BE CELENG KESUNA CEKUH Fried Pork 香炸沙姜猪柳

TUNA SAMBAL MATAH Tuna Sambal Matah "生参峇" 金枪鱼

choice of rice (4 servings)

NASL PUTLH White Rice 白饭 NASL SAUR Black-Eyed-Pea Rice 眉豆饭 NASL KUNLNG Yellow Rice 黄饭

RM 145

ΡΑΚΕΤ Ε

main dishes

UDANG KESUNA CEKUH Fried Whole Prawns 香炸沙酱虾

BE SIAP SAMBAL MATAH Chicken Sambal Matah "生参峇" 烤鸡柳

BABI KECAP MANIS Pork in Sweet Sauce 甜酱焖猪肉

choice of rice (4 servings)

NASI PUTIH White Rice 白饭 NASI SAUR Black-Eyed-Pea Rice 眉豆饭 NASI KUNING Yellow Rice 黄饭

RM 145

I Rekomendasi Recommended 推荐

PAKET F [pork-free]

main dishes

PESAN BE PASIH Baked Seabass 巴厘参峇烤鲈鱼

KAMBING MEKUAH Balinese Lamb Curry 巴厘咖喱羊肉

BE SIAP MEPANGGANG Balinese Grilled Chicken 巴厘烤鸡

side dishes

Chicken Satay 鸡肉沙爹 Minced Fish Satay 鱼肉沙爹 Spicy Shredded Chicken 参峇拌鸡丝 Balinese Vegetable 蔬菜 Spiced Potato Fries 巴厘薯条 Egg Sambal 香辣蛋 Sambal Embo Sambal Tomat Sambal Kecap

choice of rice (4 servings)

NASL PUTLH White Rice 白饭 NASL SAUR Black-Eyed-Pea Rice 眉豆饭 NASL KUNING Yellow Rice 黄饭

NASI RATUS Balinese Individual Meal 单人餐

Pork

A sumptous individual serving Balinese nasi campur with 18 choice of main dishes, served with egg sambal, spicy shredded chicken, spiced potato fries, two variety of vegetables, kerupuk emping, sambal mbe, sambal tomat and a pre-selected serving of rice of either *nasi saur* or *nasi kuning*.

> **Celeng** /'celeng/ *noun* pig, *babi*, 猪. **be celeng : pork** meat. [low Balinese word = celeng, polite and high Balinese word = *bawi*]

DIGA MEPANGGANG

Grilled Pork Ribs 香烤猪排骨 Local pork ribs marinated with Balinese herbs & spices, grilled to perfection with fall-off-the-bone tenderness and finished off with a glaze of our specialty sweet Indonesian soy sauce.

RM 36

CRekomendasi Recommended 推荐



BE CELENG BASE KALAS Balinese Pork Curry 巴厘咖喱猪肉

Slow braised cubed pork shoulder in house blended Balinese spices with creamy coconut milk.

RM 32

BABI KECAP MANIS Sweet Soya Sauce Pork 印尼甜酱焖猪肉 Braised cubed pork shoulder in sweet Indonesian soy sauce with a hint of ginger and chili, a common homecook dish of Indonesia.

RM 32



BE CELENG KESUNA CEKUH Fried Pork Fillet 香炸沙姜猪柳

Deep fried pork fillet coated with a tangy blend of garlic and "cekuh" (lesser galangal), a unique homely Balinese flavour.

LAWAR CELENG Pork Lawar 巴厘香肉碎

Traditional Balinese "Lawar" of minced meat infused with "base gede" (big spice) tossed with grated coconut & chopped long bean.

RM 32

duck & chicken

NASI RATUS Balinese Individual Meal 单人餐

bebek /'bebek/ *noun* duck, *itik*, 鸭. [low Balinese word = bebek, polite and high Balinese word = bebek]

Siap /'see-up/ noun chicken, ayam, 鸡. be siap chicken meat. [low Balinese word = siap, polite andhigh Balinese word = ayam]

BEBEK BETUTU

Balinese Steamed Duck 巴厘蒸鸭 Steamed quarter duck in strong Balinese herbs and spices with generous amount of chilli. A must try authentic Balinese dish.



BEBEK MEGORENG **Crispy Fried Duck** 巴厘炸鸭

Quarter duck slow braised in a host of Indonesian spices till tender, and deep fried till crispy. A Javanese dish made famous by "Bebek Bengil" restaurant in Ubud.

RM 33

BE SIAP SAMBAL MATAH Chicken Sambal Matah"生参峇"烤鸡柳 Grilled chicken fillet topped with "Sambal Matah", a unique Balinese dressing of raw shallots, lemon grass, garlic, kaffir lime leave and bird eye chilli.

RM 30

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BE SLAP MEPANGGANG Balinese Grilled Chicken 巴厘烤鸡

Grilled half spring chicken marinated with Balinese spice, uniquely prepared yielding tender meat inside with roasted lemon grass finishing skinside.

RM 28

BE SIAP MEGORENG Balinese Fried Chicken 巴厘炸鸡

Half spring chicken marinated in house blended Balinese spice, and deep fried till crisp golden brown.

RM 28

Prices are subject to 10% service charge & applicable government taxes.

Seafood NASL RATUS Balinese Individual Meal 单人餐

pasih /'paseh/ *noun* **fish**, *ikan*, 鱼. [low Balinese word = pasih, polite balinese word = *segara*, high Balinese word = *ulam*]

Udang /'oodung/ *noun* **prawn**, 虾 [low Balinese word = udang, polite and high Balinese word = udang]

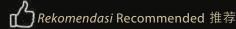
PESAN BE PASIH Baked Seabass 巴厘参峇烤鲈鱼

Seabass (siakap) fillet in spicy Balinese marinade with tomato and kaffir lime leave, wrapped in banana leaves and aluminum foil.

TUNA SAMBAL MATAH Tuna Sambal Matah "生参峇"煎金枪鱼

Pan-fried white tuna topped with "Sambal Matah", a unique Balinese dressing of raw shallots, lemon grass, garlic, kaffir lime leave & bird eye chilli.

RM 36



PESAN BE TUNA

Grilled Tuna 巴厘蕉叶烤金枪鱼 White Tuna chunk in zesty lime and creamy coconut milk marinade, wrapped in banana leave and grilled to cook before serving.

RM 34

UDANG MEPANGGANG Grilled Whole Prawns 香茅烤虾 Whole prawns marinated with Balinese lemongrass spice blend and grilled to perfection.

RM 40

UDANG KESUNA CEKUH Fried Whole Prawns 香炸沙姜虾

Fried prawns coated with tangy blend of garlic and "cekuh" (lesser galangal), a unique homely Balinese flavour.

RM 40

PESAN UDANG Baked Prawn 巴厘参峇烤虾

Deshelled prawns in spicy Balinese marinade with tomato and kaffir lime leave. Wrapped in banana leaves and aluminum foil.

RM 38

Prices are subject to 10% service charge & applicable government taxes.



ong/ong/nounmushroom,

jamur, 菇类. [low Balinese word = ong, polite Balinese and high Balinese word = ong]

NASI RATUS Balinese Individual Meal 单人餐

kambing /′kambeng/ *noun* lamb, 羊. [low Balinese word =kambing, polite balinese and high balinese word = *wedus*]

PESAN ONG Grilled Mushroom 香烤杏鲍菇

Sliced king oyster mushroom in simple yet appertizing spices, wrapped in banana leave and grilled to cook.

RM 28



KAMBING MEKUAH

Balinese Lamb Curry 咖喱羊肉 Slow stewed boneless lamb cubes in traditional Balinese spice and creamy coconut milk.

chilli-less

KID'S MENU 儿童餐



GRILLED CHICKEN

RM

15

15

15

15



GRILLED CHICKEN 巴厘烤鸡 (无

Grilled deboned chicken thigh in chilli-less Balinese marinade, served with white rice, fries, tomato and cucumber.

FRIED CHICKEN 巴厘炸鸡 (无辣) Fried deboned chicken thigh in chilli-less Balinese marinade, served with white rice fries, tomato and cucumber.



BABLKECAP 甜酱焖猪肉 (无辣) Braised lean pork in sweet Indonesian kecap manis, chilii-less, served with white rice, fries, tomato and cucumber.

> WESTERN SET 西式儿童餐 (无辣) Chicken nuggets, chicken sausage, fries, tomato and cucumber.



FRIED CHICKEN



ΒΑΒΙ ΚΕCAP



WESTERN SET

Prices are subject to 10% service charge & applicable government taxes.

à la carte menu

	PORK 猪	
		RM
ഫ	IGA MEPANGGANG	32
	Grilled Pork Ribs 香烤猪排骨	
	Local pork ribs marinated with Balinese herbs & spices, grilled to	
	perfection with fall-off-the-bone tenderness and finished off with a	
	glaze of our specialty sweet Indonesian soy sauce. (5 ribs)	
ഹ	BE CELENG BASE KALAS	28
	Balinese Pork Curry 巴厘咖喱猪肉	
	Slow braised cubed pork shoulder in house blended Balinese spices	
	with creamy coconut milk.	
	BABI KECAP MANIS	28
	Pork in Sweet Soya Sauce 印尼甜酱焖猪肉	
	Braised cubed pork shoulder in sweet Indonesian soy sauce with a	
	hint of ginger and chilli, a common homecook dish of Indonesia.	
гЛ	BE CELENG KESUNA CEKUH	28
2	Fried Pork 香炸沙姜猪柳	
	Deep fried pork fillet coated with a tangy blend of garlic and "cekuh"	
	(lesser galangal), a unique homely Balinese flavour.	
	LAWAR CELENG	28
	Balinese Minced Pork 巴厘猪肉碎	
	Traditional Balinese "Lawar" of minced meat infused with "base gede"	
	(big spice) tossed with grated coconut & chopped long bean.	





🖒 KAMBING MEKUAH

Balinese Lamb Curry 巴厘咖喱羊肉

Slow stewed boneless lamb cubes in traditional Balinese spice and creamy coconut milk.



RM

32



🖞 GRILLED PORK RIBS



🖒 PORK CURRY



BABI KECAP MANIS



PORK LAWAR



🖒 FRIED PORK



LAMB CURRY







Quarter duck slow braised in a host of Indonesian spices till tender, and deep fried till crispy.



crisp golden brown.

BE SIAP SAMBAL MATAH 24 Chicken Sambal Matah "生参峇" 烤鸡柳 Grilled chicken fillet topped with "Sambal Matah", a unique Balinese dressing of raw shallots, garlic, lemon grass, kaffir lime leave and bird eye chilli. BE SIAP MEPANGGANG 22 Balinese Grilled Chicken 巴厘烤鸡 Grilled half spring chicken marinated with Balinese spice, uniquely prepared yielding tender meat inside with roasted lemon grass finishing skinside. **BE SIAP MEGORENG** 22 Fried Chicken 巴厘炸鸡 Half spring chicken marinated in Balinese spice and deep fried till





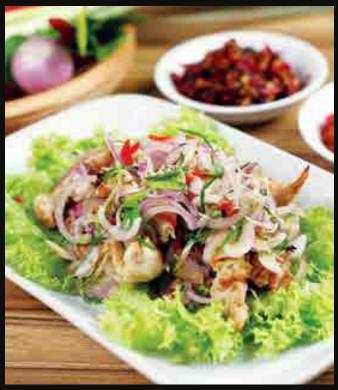
BSPICY STEAMED DUCK



🖞 GRILLED CHICKEN



CRISPY FRIED DUCK



CHICKEN SAMBAL MATAH

à la carte menu





WDANG MEPANGGANG Grilled Whole Prawns 香茅烤虾 Whole prawns marinated with Balinese lemongrass spice blend and grilled to perfection. (5 prawns)	38
UDANG KESUNA CEKUH Fried Whole Prawns 香炸沙姜虾 Fried prawns coated with tangy blend of garlic and "cekuh" (lesser galangal), a unique homely Balinese flavour. (5 prawns)	38
PESAN UDANG Baked Prawn 巴厘参峇烤虾 Deshelled prawns in spicy Balinese marinade with tomato and kaffir lime leave. Wrapped in banana leaves and aluminum foil.	36





🖒 BAKED SEABASS



GRILLED TUNA



FRIED WHOLE PRAWN WITH SAMBAL



TUNA SAMBAL MATAH



🛆 GRILLED WHOLE PRAWN



BAKED PRAWN



VEGETABLES 蔬菜	
PESAN ONG Grilled Mushroom 香烤杏鲍菇 Sliced king oyster mushroom (eryngii) in simple yet appertizing spices, wrapped in banana leave and grilled to cook.	
ジ JUKUT URAB Mixed Vegetable Salad 杂菜沙拉 Balinese cooked salad of long bean, spinach, beansprout with grated coconut in Balinese spice and coconut palm sugar dressings.	
PLECING KANGKUNG Kangkung Salad 蕹菜沙拉 Blanched water spinach in spiced tomato paste.	
KACANG METUMIS Stir Fry Long Bean 香炒长豆 Long bean cooked in Indonesian kecap manis and spices.	



BE SIAP PLALAH Shredded Chicken 参峇拌鸡丝 Shredded grilled chicken breast in chillies and lime dressings.	RМ 15
TAしUH SAMBAし しAしAH Egg Sambal 香辣蛋 Hard boiled egg with spicy sambal.	11

甘仙



CRILLED MUSHROOM



🖒 BALINESE MIXED VEGETABLE



PLECING KANGKUNG



STIR FRY LONG BEAN

drinks & beverages

INDONESIAN SPECIALS 特制饮料

	RM		RM
公 Jus Alpukat 奶油果冰沙 Indonesian favourite ice blended Avocad with chocolate syrup.	14 0	Es Markisa 薄荷百香果汁 Refreshing passion fruit juice with lime and mint.	8
Es Cendol 珍露 Cendol, gula Bali and fresh coconut milk.	10	Es Cincau Laici 荔枝凉粉 Cooling cincau drink with lychee.	8
Soda Gembira 玫瑰露苏打 Indonesian syrup Bandung with soda wat	9 ter.	Yeh Botol 印尼茉莉花茶 Indonesian bottle sweet Jasmine tea	8
Es Rosela 洛神花汁 Roselle flower drink with lychee.	9	化 Teh Serai 香茅茶 Homemade lemon grass tea (ice / hot)	6
Es Serai Selasih 青柠香茅汁 Fresh lemon grass with lime and basil see	8 eds.	Teh Jahe 椰糖姜茶 Homemade spiced ginger with gula Bali (ice / hot)	6
论 Es Timun Segar 薄荷青瓜汁 Soothing cucumber drink with lime and mint.	8		



Virgin Passion Mojito 百香果莫希托 Passion fruit puree and Mojito syrup topped with soda, garnished with lime and mint.	15
Pineapple Mojito 风梨莫希托 Pineapple syrup and Mojito syrup topped with soda, garnished with pineapple & mint.	15
公 Spicy Blood Mango 辣血橙芒果 Spicy mango & blood orange syrup lemon grass, star anise, bird eye chilli and soda.	15





Prices are subject to 10% service charge & applicable government taxes.



FRESH	JUICE	RI normal		* COFFEE		RM
🖧 Grapefruit	西柚汁	9	15	🔥 Kopi Bali	巴厘咖啡	7
Orange	柳橙汁	8	12	Kopi tubruk aka. "mud		
Water Melon	西瓜汁	7	11	the Indonesian way of unfiltered hot Bali coff	2	
Lemon	柠檬汁	7		(drinking instruction p	orovided)	
Lime	青柠汁	7		Hot Local Coffee	热咖啡	б
* neat = no sug	ar and no ice addea	1		Iced Local Coffee	冰咖啡	7

YOGURT (ICED BLENDED)

Mango	芒果酸奶冰沙	11
Passion Fruit	百香果酸奶冰沙	11
Strawberry	草莓酸奶冰沙	11

CHOCOLATE

Hot Chocolate	热巧克力	9
Iced Chocolate	冰巧克力	9

SOFT DRINKS

Coke, Coke Zero, Sprite,	5
100 Plus, Soda Water	
MINERAL WATER	3

Iced Local Coffee	冰咖啡	7	
		hot	ice
TEA		not	ice
Ceylon Supreme	锡兰荼	6	
Earl Grey	伯爵茶	6	
Camomile	洋甘菊	6	
Mango Strawberry	芒果草莓茶	6	7
		-	

Peach	水蜜桃茶	6	7
Green Tea	绿茶	6	7
Oolong Tea	乌龙茶	6	7
Homemade Lemon Tea 柠檬茶		6	7

BOTTLED BEER

Heneiken	16
Tiger	14



Prices are subject to 10% service charge & applicable government taxes.

sueet endings..

DESSERTS 甜品

BUBUH CAMPUR 巴厘"摩摩喳喳" Balinese traditional dessert of sweet potato, black glutinous rice, sago, bubur sumsum with creamy coconut milk and gula bali.

RM

14

6

ES CAMPUR Balinese ABC of jack vanilla flavoured mi	xfruit, cencol, cincau, nata de coco and coconut meat in	13
A simple yet delicio	UM 椰香米糊+椰糖 us Balinese dessert of rice flour porridge cooked with erved with coconut palm sugar.	8

BUBUH INJIN 黑糯米粥

Ц

Black glutinous rice porridge with creamy coconut milk.





🖒 ВUBUH CAMPUR



ES CAMPUR



🖒 вивин ѕимѕим



ΒυΒυΗ ΙΝΙΙΝ

A Little Insight of Balinese Cuisine and Eating Habits

In Bali, day to day meals are simple, with lots of rice and usually two dishes and a plate of spicy sambal. Food is prepared early in the morning by the housewives followed by ritualistic offerings to Gods before it is allowed to be eaten.

The food will be left covered on a table where family members can just help themselves with the food whenever they want. There is usually no proper dining table. They just fill their plates with lots of rice & a small quantity of the dishes and retreat to their favourite spot nearby, usually alone, anytime they feel hungry.

Extravagant feasts of Balinese food are only available during temple ceremonies, weddings, births and other religious events. Believe it or not, only the men are allowed to cook in those occasions. Women are tasked to prepare religious offerings required in those events.

The characteristic flavour of Balinese food comes from the generous use of *cekuh* (lesser galangal) and *isen* (galangal), aside from other spices rather similar to those used in Malay cooking. *Bebek betutu*, *urutan* & *lawar* are the dishes that best represent "that" Balinese flavour.

Most Balinese food is cooked dry, intensed in flavour and spicy for the purpose of longer safe keeping. If you are not used to dry food, please ask for Sambal Kecap.

Samble Mbe (pronounce as embeh), the one with deep fried onions and chillies, is the best companion for rice. Do mix with rice and eat. And very importantly, try eating with your hand the Balinese way, everything just tastes better.

> Selamat makan ! Enjoy your meal !



Balinese Restaurant

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